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# MHA supplementation in soy-based diets improves performance of rainbow trout

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## Methionine hydroxy analog studied at Hagerman Fish Culture Experiment Station in Idaho

The production of commercial feeds for carnivorous fish has traditionally required large amounts of fishmeal as the major source of dietary protein. In rainbow trout diets, for example, fishmeal amounts typically range 30 to 50 percent.

Fishmeal production from capture fisheries has been more or less stable over the past decade, except in El Niño years, when production decreased. When global fishmeal production declines and prices increase, feed manufacturers turn to less-expensive plant protein sources such as soybean meal, which is abundant, inexpensive, and more sustainable than fishmeal.

The substitution of soybean meal in fish feeds is limited by its levels of lysine and methionine. Most soybean meals contain 2.9 percent lysine, while fishmeal has 4 to 5.6 percent of the basic amino acid. Soybean meals have 0.65 percent methionine, compared to a 1-2 percent content in fishmeal.

The supplementation of methionine hydroxy analog (MHA) and other amino acids in soybean-based trout diets can improve their nutritional values.



Although this trial was performed with juvenile trout, it appears MHA supplementation in diets using soybean meal as a partial replacement for fishmeal can increase weight gain and improve feed conversion.

## MHA supplementation study

The authors recently evaluated the effects of dietary MHA supplementation in soy-based diets on rainbow trout performance at the Hagerman Fish Culture Experiment Station at the University of Idaho in Hagerman, Idaho, USA.

Six diets were prepared using soy-bean meal supplemented with 0.48 percent lysine and 0, 0.055, 0.11, 0.165, 0.22 and 0.275 percent MHA (diets 3 to 8) to replace 50 percent of fishmeal (Table 1). In addition, a fishmeal-based reference diet (diet 1) and low-lysine diet (diet 2) were also used. All diets were formulated to be isonitrogenous and isocaloric. Diet 7, supplemented with 0.22 percent MHA, contained the same amount of methionine as diet 1.

## Cheng, Experimental diet composition, Table 1

Ingredients	1	2	3	4	5	6	7	8
Herring meal	35	17.50	17.50	17.50	17.50	17.50	17.50	17.50
Soybean meal	0	17.50	17.50	17.50	17.50	17.50	17.50	17.50
DDGS	18.50	18.50	18.50	18.50	18.50	18.50	18.50	18.50
Fish oil	19.20	19.80	19.80	19.80	19.80	19.80	19.80	19.80

<b>Ingredients</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Whole wheat	14.90	8.10	8.30	8.36	841	8.47	8.64	8.64
Corn gluten	10.0	16.20	15.52	15.41	15.30	15.19	14.96	14.91
Lysine	0	0	.48	.48	.48	.48	.48	.48
MHA	0	0	0	.06	.11	.17	.22	.28
Vitamin C	.30	.30	.30	.30	.30	.30	.30	.30
Choline	.50	.50	.50	.50	.50	.50	.50	.50
TM salt	.10	.10	.10	.10	.10	.10	.10	.10
Vitamin premix	1.5	1.5	1.5	1.5	1.5	1.5	1.5	1.5
<b>Chemical Analysis</b>								
Moisture	6.10	6.28	6.22	6.34	6.00	6.16	5.99	5.90
Crude protein	38.04	40.07	39.20	40.01	39.89	40.26	39.34	39.95
Crude fat	21.74	20.35	21.35	20.93	21.29	21.08	21.27	21.43
Ash	8.36	6.29	6.27	6.06	6.13	6.33	6.17	6.42
Phosphorus	.97	.80	.82	.82	.82	.82	.82	.82

Table 1. Experimental diet composition (% as is basis).

A total of 720 rainbow trout with an initial weight of 49.5 grams were randomly placed into 24, 150-liter fiberglass tanks at 30 fish per tank and three tanks per diet. The tanks were supplied with four liters per minute of untreated 14.5 degrees-C spring water. The fish were fed three times per day and six days per week to apparent satiation. Five fish from each tank were sacrificed and pooled for whole body analyses at the end of the experiment.

## Results

The growth and survival of rainbow trout fed the experimental diets for 49 days are presented in Table 2. Significant differences occurred in final fish weight, weight gain, and feed-conversion ratios ( $P < 0.05$ ), but not survival ( $P = 0.4663$ ). Fish fed the diet with 0.165 percent MHA supplementation grew faster than those fed the diets without lysine or MHA supplementation. Fish fed diet 6 also had lower feed conversion than those fed the diet with the highest MHA supplementation.

## Cheng, Performance of rainbow trout fed experimental diets, Table 2

	<b>Diet 1</b>	<b>Diet 2</b>	<b>Diet 3</b>	<b>Diet 4</b>	<b>Diet 5</b>	<b>Diet 6</b>	<b>Diet 7</b>	<b>Diet 8</b>	<b>P Value</b>
Initial weight (g)	49.3±0.4	49.4±0.5	49.5±0.7	49.5±0.7	49.4±0.6	49.5±0.8	49.4±0.5	49.4±0.5	1.0000
Final weight (g)	114.6±4.4 <sup>ab</sup>	105.1±3.4 <sup>b</sup>	106.8±4.3 <sup>b</sup>	110.3±3.9 <sup>ab</sup>	113.7±1.2 <sup>ab</sup>	118.2±4.9 <sup>a</sup>	110.5±5.6 <sup>ab</sup>	107.7±5.0 <sup>ab</sup>	0.0267

	Diet 1	Diet 2	Diet 3	Diet 4	Diet 5	Diet 6	Diet 7	Diet 8	P Value
Weight gain (g)	65.3±4.6 <sup>ab</sup>	55.8±3.0 <sup>b</sup>	56.7±4.2 <sup>b</sup>	60.8±3.9 <sup>ab</sup>	64.3±1.1 <sup>ab</sup>	68.8±4.3 <sup>a</sup>	61.2±5.9 <sup>ab</sup>	58.3±4.6 <sup>ab</sup>	0.0183
Feed-conversion ratio (feed/gain)	1.16±0.1 <sup>ab</sup>	1.28±0.0 <sup>ab</sup>	1.29±0.1 <sup>ab</sup>	1.22±0.1 <sup>ab</sup>	1.16±0.0 <sup>ab</sup>	1.08±0.1 <sup>a</sup>	1.23±0.1 <sup>ab</sup>	1.30±0.1 <sup>b</sup>	0.0482
Survival (%)	100.0±0.0	100.0±0.0	98.9±1.9	100.0±0.0	100.0±0.0	100.0±0.0	100.0±0.0	100.0±0.0	0.4663

Table 2. Performance of rainbow trout fed experimental diets for 49 days (Mean ± SD, N = 3 tanks). Means in the same row that do not share a common superscript differ significantly (P < 0.05).

There were no significant differences in weight gain and feed conversion between fish fed the reference diet and those fed all other diets, indicating that soybean meal can be used in rainbow trout diets to replace 50 percent of fishmeal content. The MHA supplementation did not affect fish body composition.

## Conclusion

MHA has been successfully used in poultry feeds in some studies, but most of the studies were not large enough to elucidate the optimum levels of MHA supplementation in animal feeds to optimize growth performance.

Results of this study suggested that appropriate MHA supplementation in trout diets using soybean meal as a 50 percent replacement for fishmeal can increase fish weight gain and improve feed conversion. Higher MHA levels did not improve fish performance further.

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